

Preventive Measures & Follow up Programs in Residential Setting

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Residential Setting

- Provides safe environment to residents & staff
- 24 hours staffed
- Offers intensive and structured intervention
- Aims at lasting abstinence and reintegration to community

Two Key Strategies (Overdose)

- Prevent overdose from occurring
- Improve management of overdose if it does occur

Prevent Overdose

- Assessment in induction
- Education
- Monitoring measures

Assessment in induction

- Substance used / polydrug use
- Mode of administration
- Where & with whom they use
- Any previous risk behaviors
- Any previous experience of overdose
- Perception of overdose risk

Education

- **Aims :**
- Arouse concern & awareness of OD
- OD mortality & morbidity is preventable

Education

- **Package** :
- What cause an OD (esp. resumption of drug use following periods of abstinence)
- Who is most likely to OD
- How to recognize an OD
- What to do / not to do if you see an OD
- How to prevent OD
- Training : recovery position (mutual duty of care)
- Serious consequence of non-fatal OD

Education

- Admission & Discharge Reminder :
- 溫馨提示：
 1. 藥物過量 可大可小 請珍惜生命
 2. 溝藥溝酒 後果同樣嚴重
 3. 共用針筒有機會傳播或染上疾病如: 性病、肝炎和愛滋
 4. 遇危急情況，如有人失去知覺，請立即打999報警求助

Monitoring measures

- Aim : provide drug free & alcohol free environment
- Urinalysis (early detection of lapse)
- Strict procedures & records for dispensing & administering of prescribed medication
- Safe storage of prescribed & non-prescribed medication
- Regular inspection on residences with occasional additional inspections if needed to respond to issues such as suspected drug use

Monitoring measures

- Access to the residential setting, e.g. visitors
- Strict rules of forbidden behavior relating to d. d. (both residents & visitors)
- Clear procedures for responding to breaches of rules
(e.g. report to police if d. d. found)

Manage overdose

- Comprehensive operational procedures of risk management
- Equip staff with knowledge of OD & first aid (more desirable to hold a valid first aid certificate)
- Assess consciousness of suspected OD resident
- Isolated the area (detached from other residents)
- Handling of suspected drug & apparatus
- Call ambulance / report to police
- Refuse medical examination & treatment

Manage overdose

- Develop & implement follow up support program for those who experience an OD or others who may be affected by witnessing an OD (including staff)
- Reports on risks and incidents to learn from them and to provide a safer environment

Conclusion

- Harm reduction strategies can be incorporated into abstinence-based residential programs
- Overdose is preventable